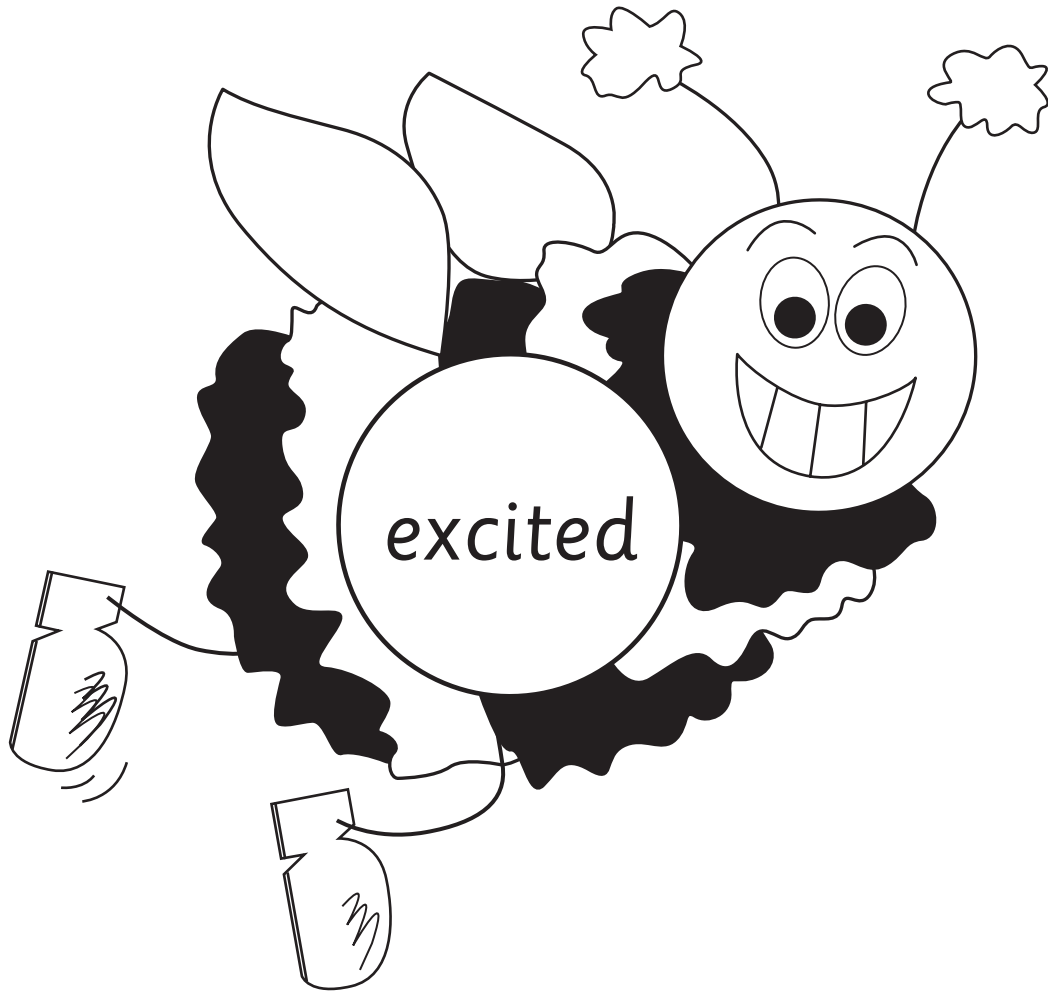
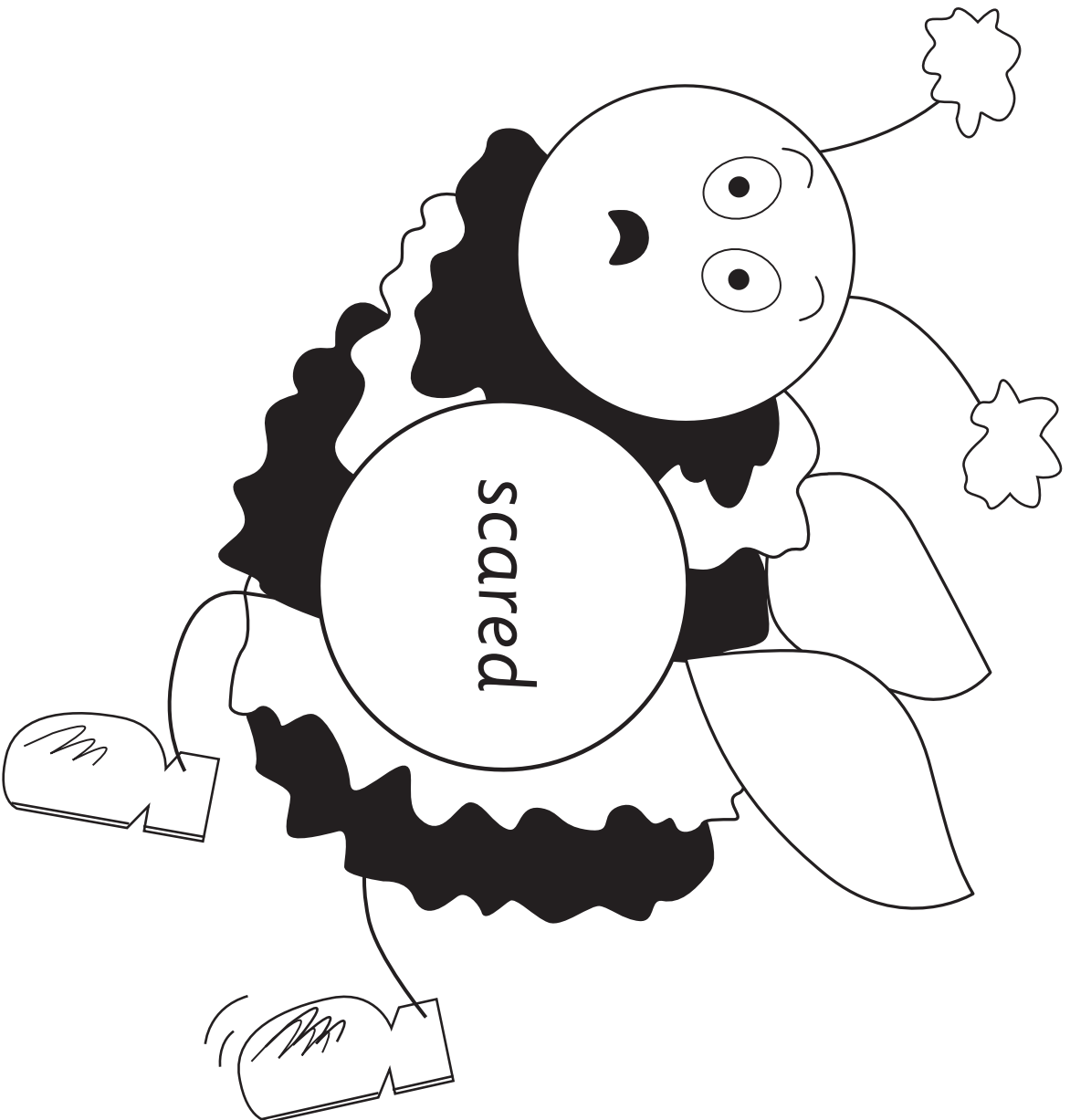


# Bee Emotional

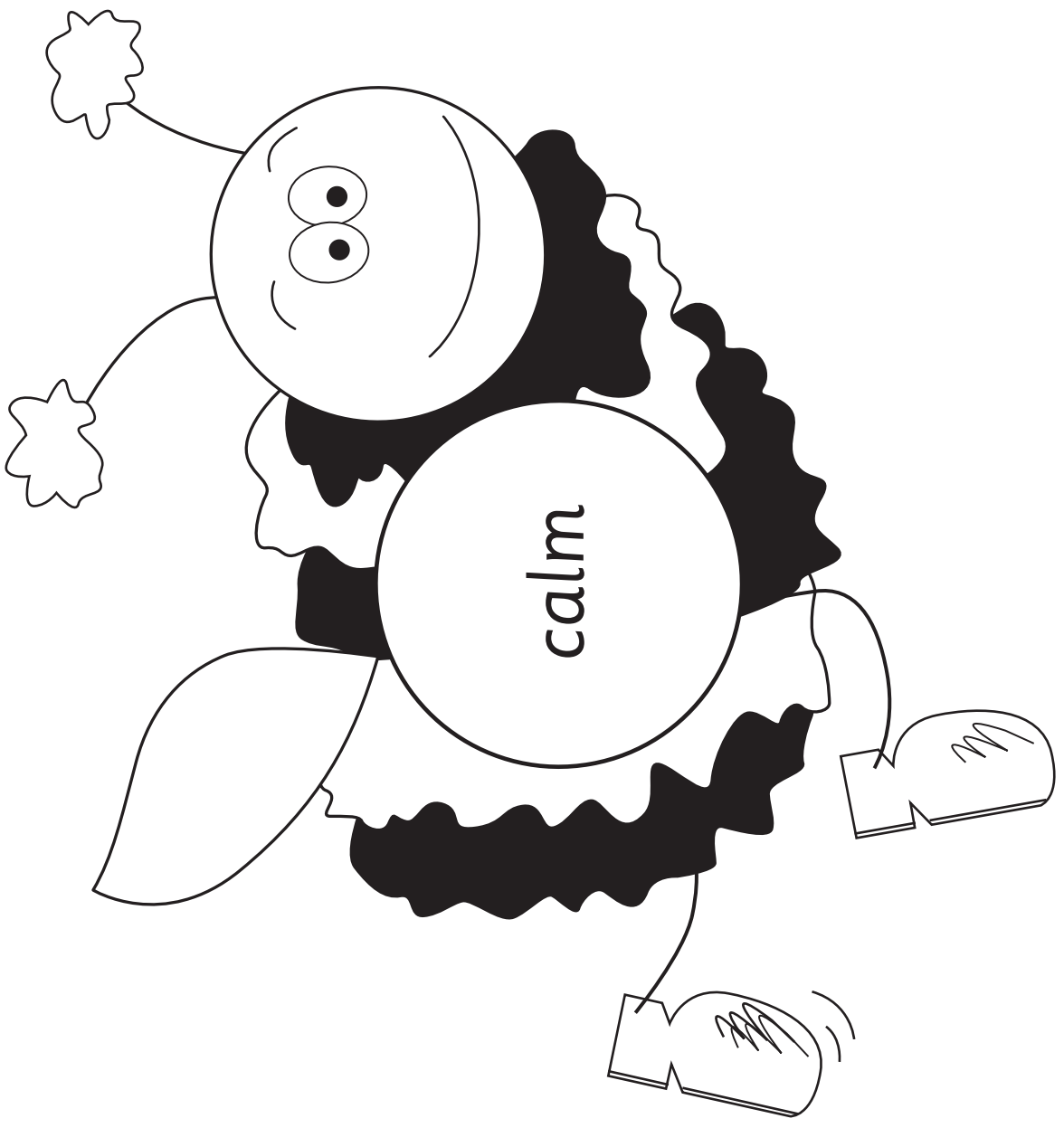


Photocopiable worksheets to accompany 'Bee Emotional'.

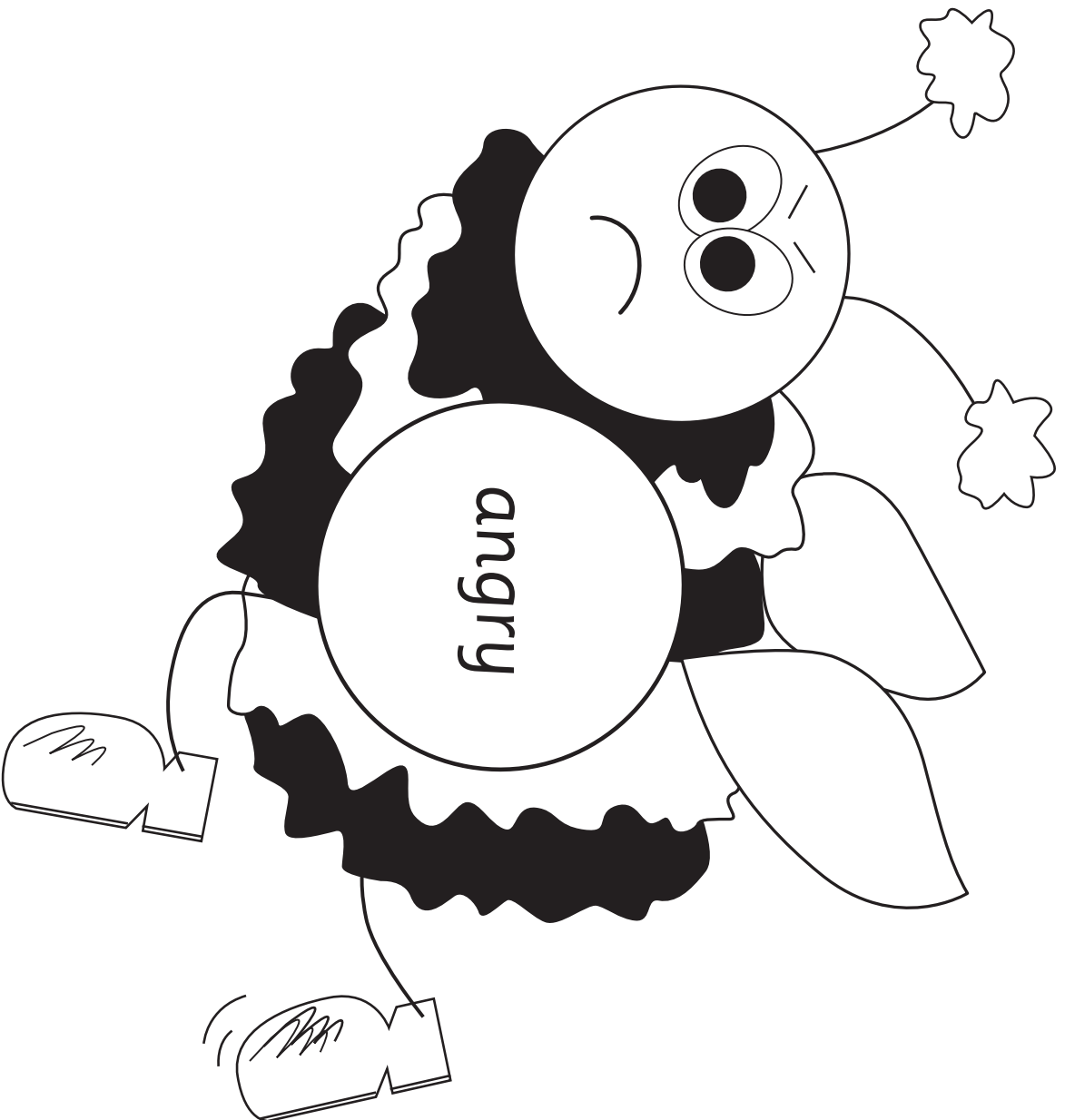
What makes you feel **scared**?



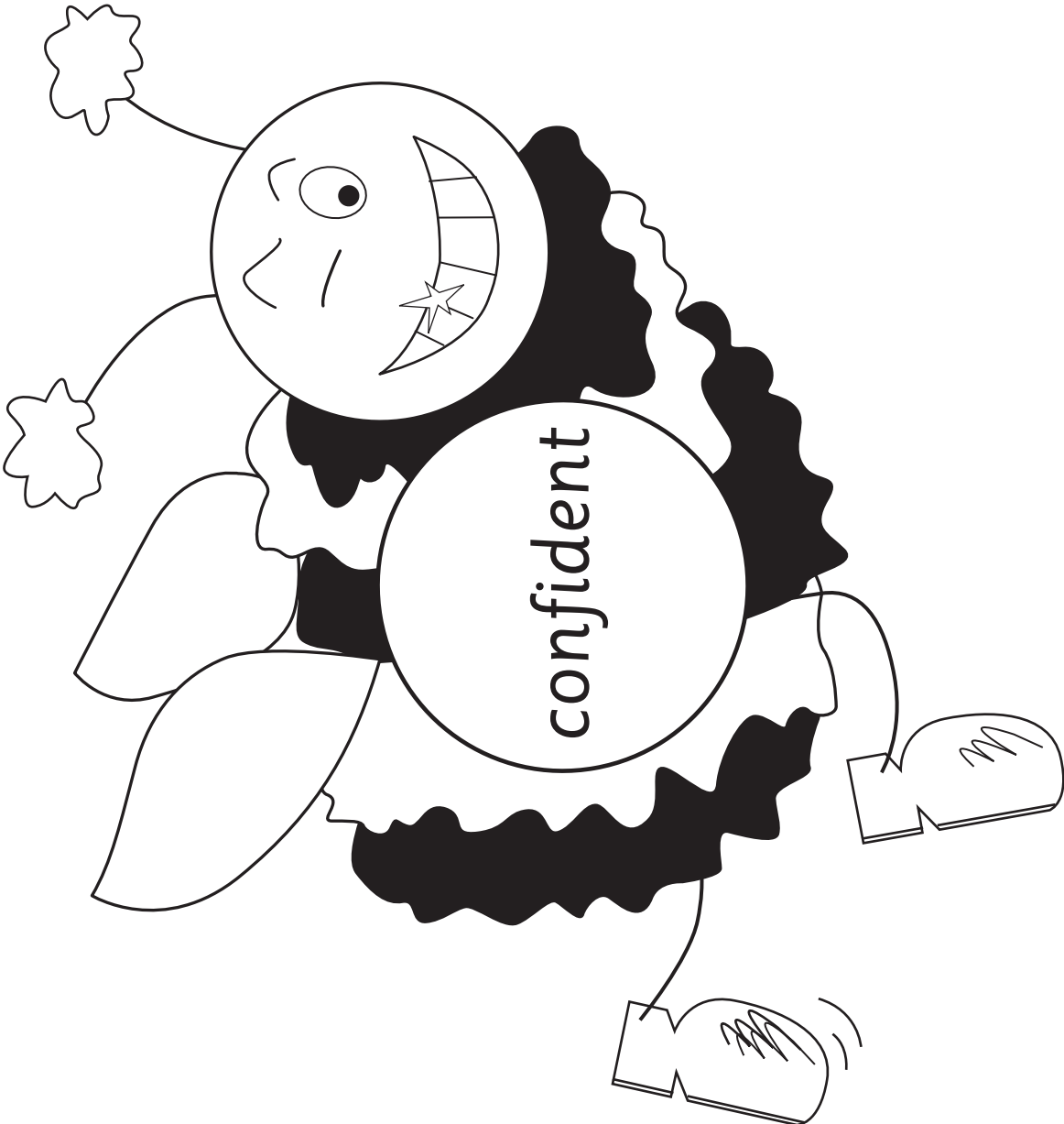
Be cool, be **calm**, be confident?



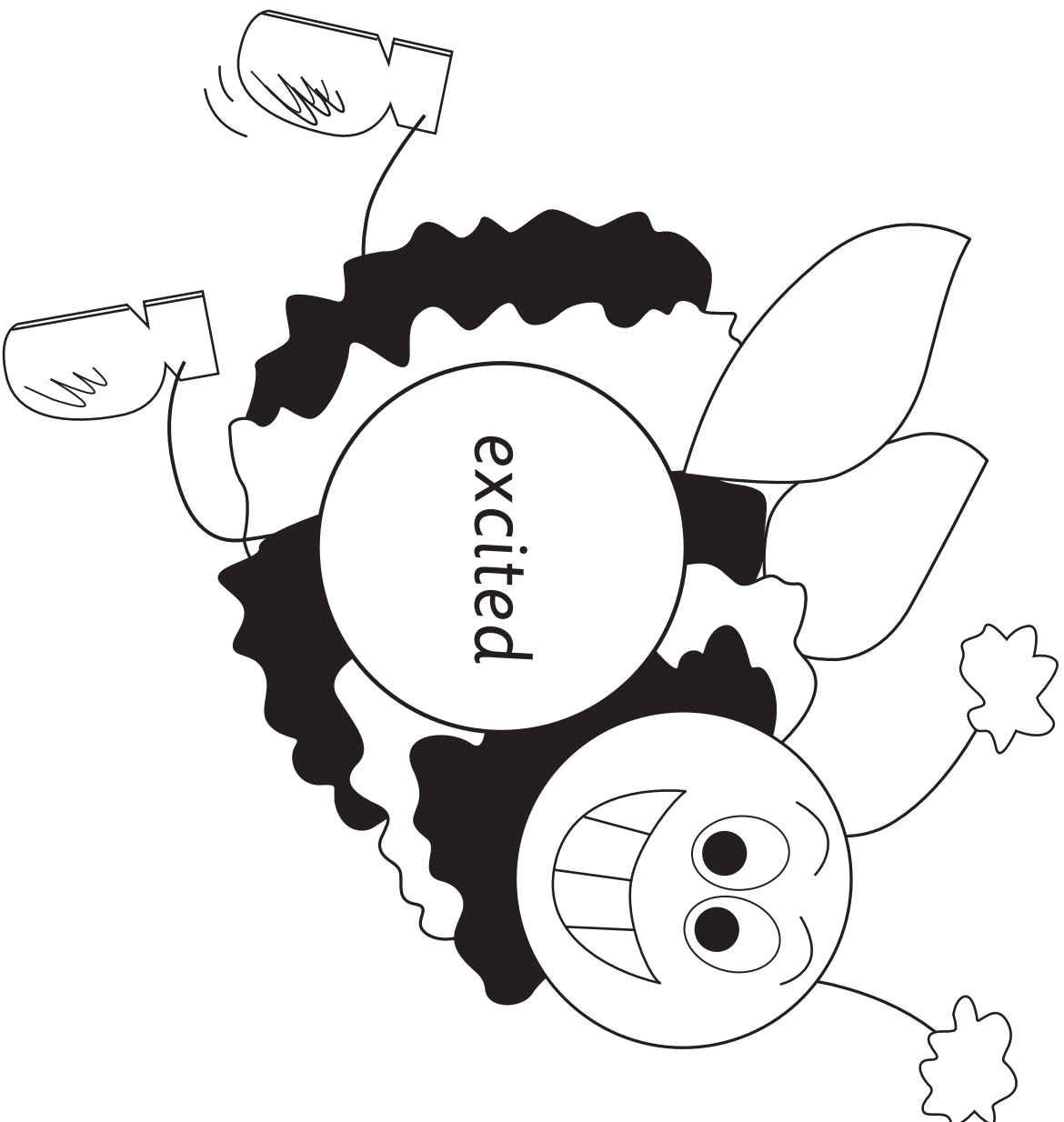
I'm so **man**, annoyed and **angry** because...



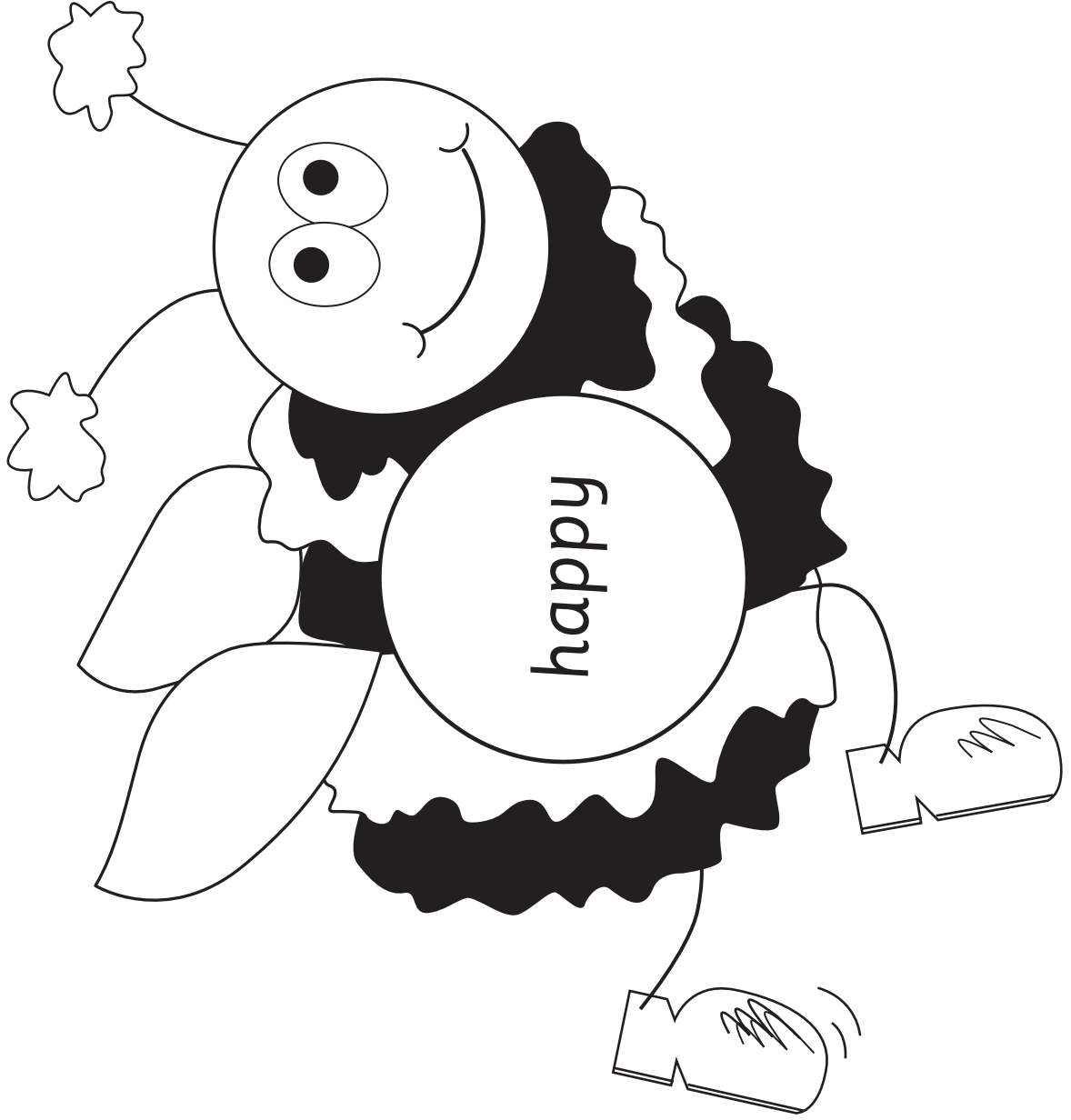
What are other people feeling?



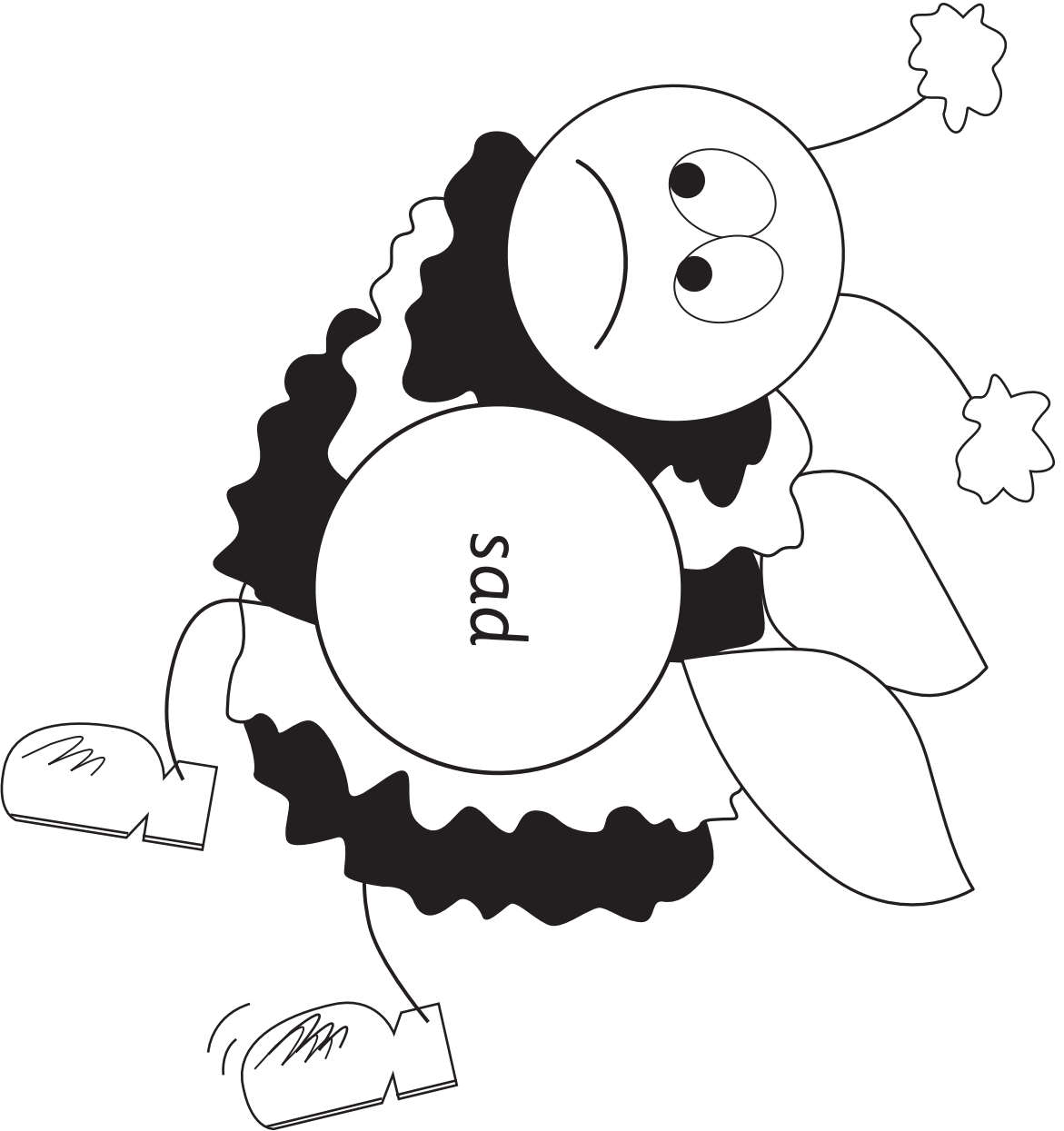
I'm **exciting!** We are ...



**Happy,** happiness, happily...

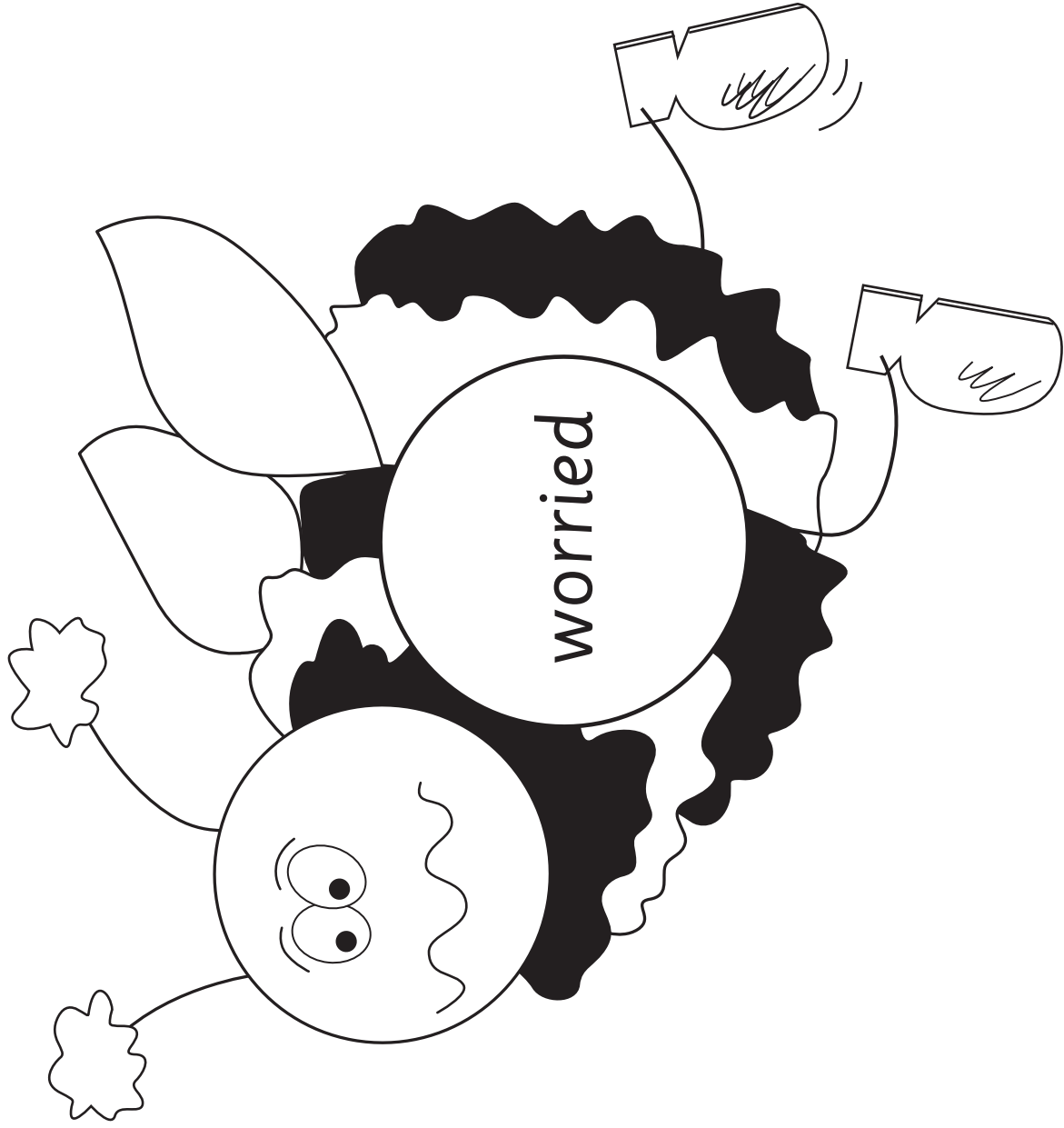


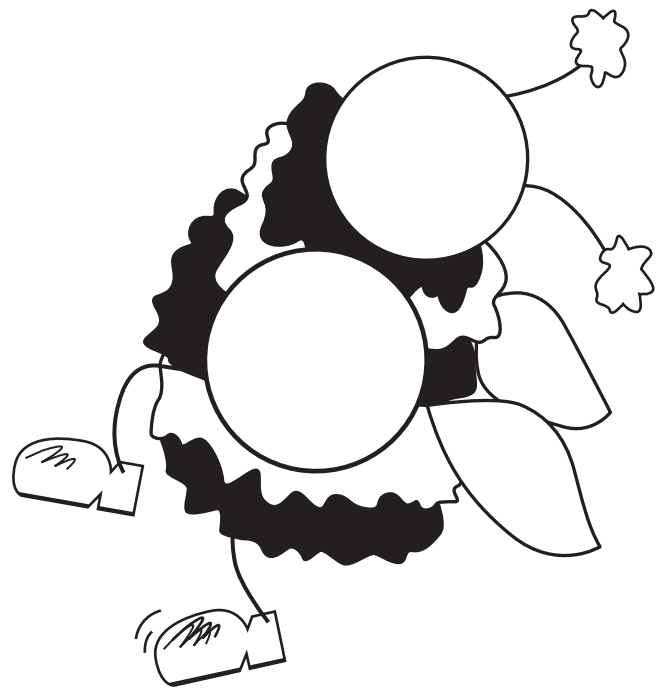
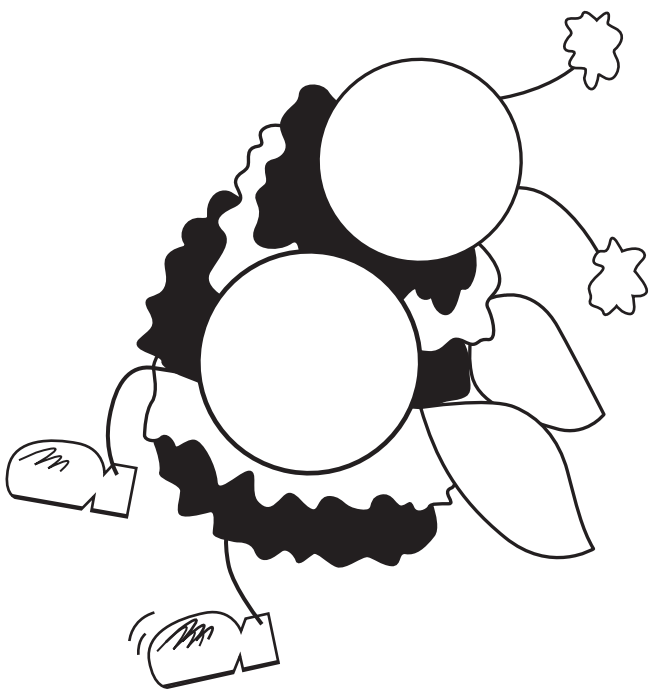
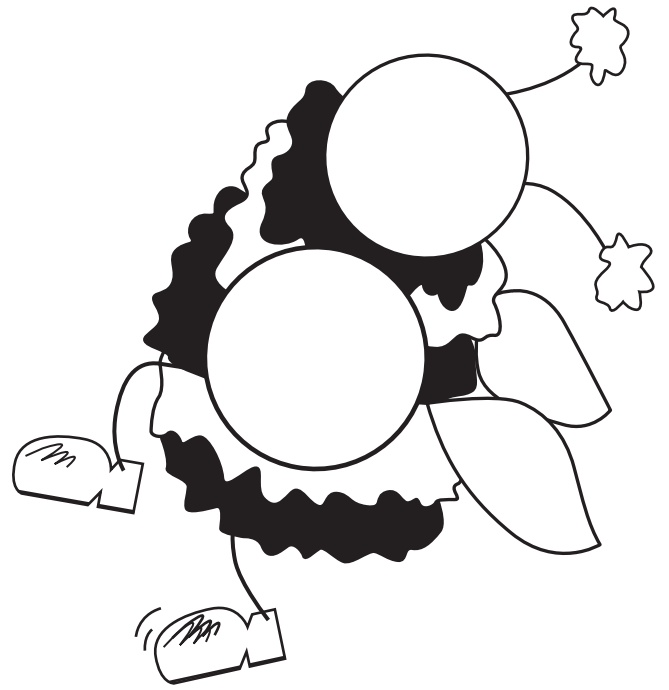
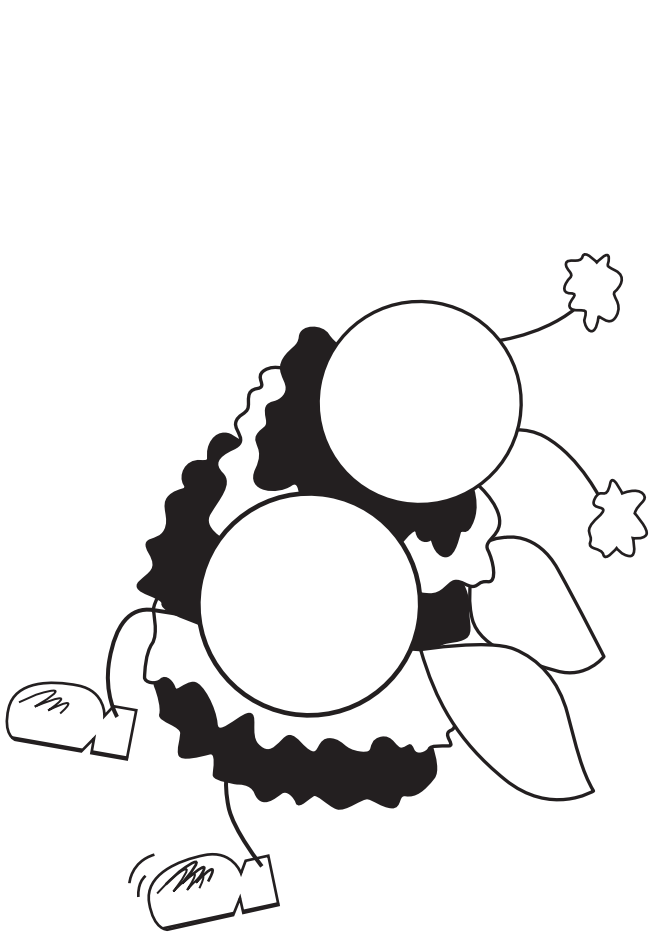
When were you last **sad**?



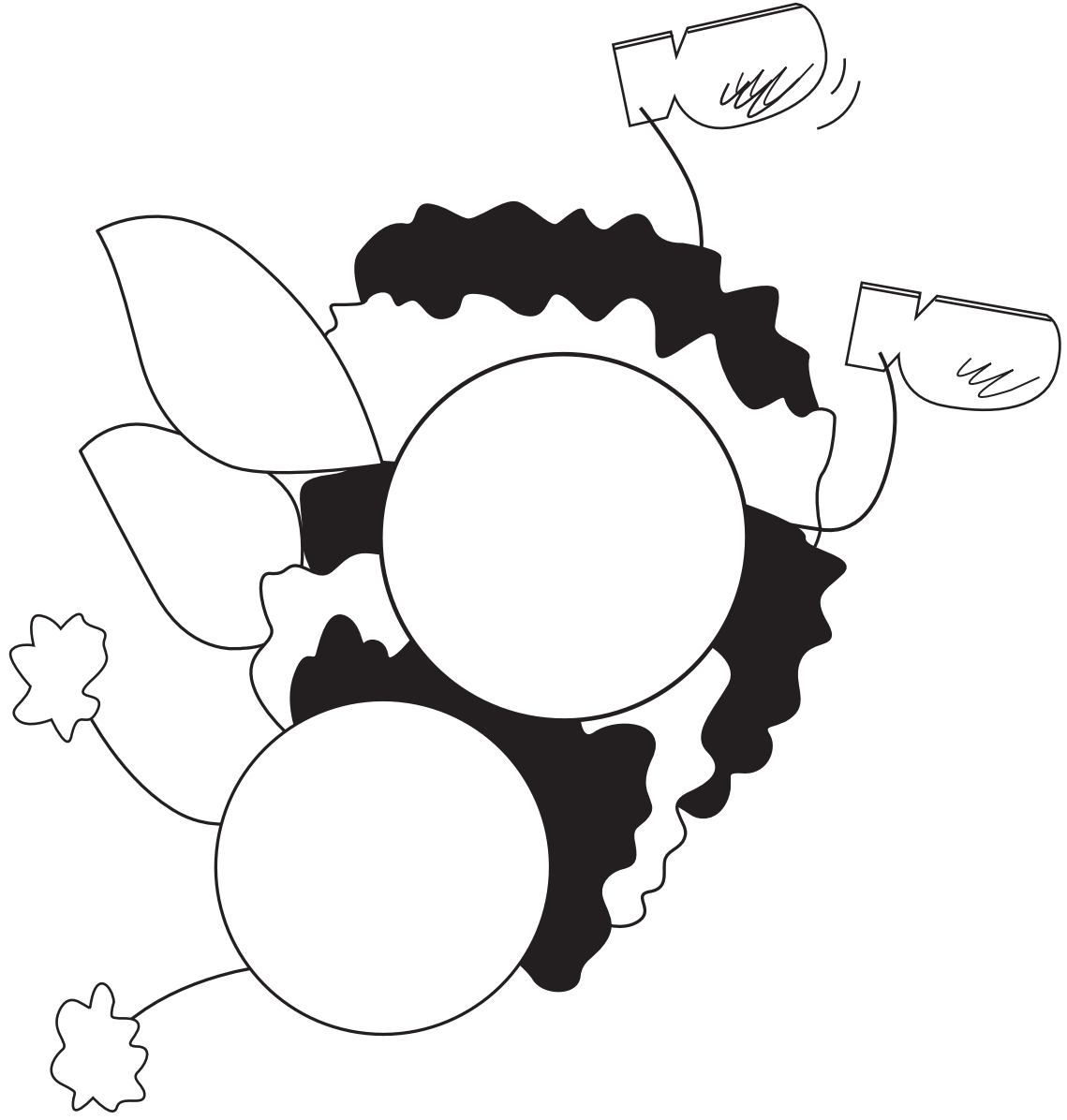


What **worries** you and your friends?





How are you feeling? \_\_\_\_\_



How can we be **loyal**?

exhausted

truthful

lonely

guilty

sincere

angry

hysterical

responsible

well mannered

frustrated

fun

trusting

anxious

happy

confused

shy

brave

jealous

curious

surprised

suspicious

tolerant

courageous

shocked

respectful

ecstatic

safe

bored

compassionate

hopeful

optimistic

co-operative

embarrassed

friendly

# Teacher's Notes for Bee Emotional

## Contents and Description

A set of eight feelings are displayed on four double sided cards picturing bees.

There are four positive feelings:

Excited, calm, confident and happy.

There are four negative feelings: Scared, angry, sad and worried.

The photocopiable sheets list further feelings: shy, confused, anxious, trusting, fun, frustrated, well mannered, exhausted, truthful, lonely, guilty, sincere, hysterical, responsible, brave, ecstatic, safe, bored, compassionate, hopeful, optimistic, co-operative, embarrassed, jealous, curious, surprised, suspicious, tolerant, courageous, shocked, respectful, and friendly.

Set includes two sets of bees so that all feelings can be displayed at the same time, Photocopiable sheets and a resealable folder complete the set.

## Circle Time

Choose just one word per circle time to discuss. Pass the bee around and ask if they can think of a time where they have felt happy. What actually made them have this feeling? List and see how many different ways children in the class can be made to feel happy.

When choosing negative feelings, be aware of children who do not want to contribute. Perhaps work with these children in a smaller group or on an individual basis.

## Definitions

Make sure children know exactly what the word means. 'Calm' is not a word that most young children will use, yet is an important feeling if experiencing new situations.

Many of the words listed in the photocopiable sheets will not be known to young children. Can they give a situation to put the word in the correct context, so that they have an understanding of its meaning?

## Wall Displays

Choose the positive feelings and make a full wall display. Each child illustrates an incident which makes them excited. This may be a chance to discuss why this feeling may be different for the boys or girls in the class.

Ask children to paint large pictures of their own bees and then add a large white circle with the "feeling" word clearly displayed. Can your display picture a different word for each child?

## Facial Expressions

Every feeling has a different facial expression. A fun five minutes might be to run through a collection of the words and match the facial expression. Pick out good examples of each.

Use the blank photocopiable bees for children to choose a 'feelings word' and draw the appropriate face.